

DO YOU NEED HELP?

**WHATEVER YOUR PROBLEM,
WE WANT TO HELP YOU
OVERCOME IT!**

DONT DELAY! CALL GIFT
OF THE GIVERS CARELINE,
YOUR FREE, CARING,
CONFIDENTIAL
COUNSELLING SERVICE.

*Face-to-face counselling
by appointment.*

**FREE
COUNSELLING**

**STRICTLY
CONFIDENTIAL**

**CARING
COMPASSIONATE
COUNSELLORS!**

Being abused? Someone's drug habit affecting you? Find parenting challenging?
Coping with HIV/AIDS? Feeling lonely or depressed? Experiencing marital, relationship or teenage problems?

TOLL-FREE CARELINE: 0800 786 786

🕒 COUNSELLING HOURS

Monday to Friday 09:00 - 16:00
Closed on Fridays between 12:00 - 14:00
Closed on public holidays and weekends

📞 TO BOOK AN APPOINTMENT CALL:

Pietermaritzburg: 033 345 0163 (Ext: careline)
Email: info@giftofthegivers.org
Web: www.giftofthegivers.org

"A PROBLEM SHARED IS A PROBLEM HALVED"



Gift of the Givers
FOUNDATION



"BEST AMONG PEOPLE ARE THOSE WHO BENEFIT MANKIND"



Gift of the Givers
FOUNDATION



Careline is committed to the sincere, selfless service of humanity in a non-judgemental, warm and caring manner, irrespective of race, religion, colour, culture or social class and upholding every individual's right to confidentiality. This is the hallmark of Gift of the Givers Careline. A counselling and personal empowerment organisation dedicated to the psycho-social upliftment of the individual and restoring the self-respect, dignity and honour of the disempowered individual, inspired by the dictum.

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PROFESSIONAL SERVICES PROVIDED

1. COUNSELLING

*Telephonic *Face-to-Face *Email *Individual, Couple and Group Counselling

2. VOLUNTEER COUNSELLOR TRAINING (VCT)

3. CONTINUOUS COMPETENCE DEVELOPMENT (CCD)

4. REFLECTIVE PRACTICE - MAINTAINING EMOTIONAL INTEGRITY FOR THE SELF AND IN THE WORKPLACE

5. LIFESKILLS

*Customised Workshops for Learners, Adults, Organisations and Train the Trainer

6. HIV/AIDS

*Awareness and Education - Schools and Community *Train the Trainer

7. BEREAVEMENT

*Support Groups for Adults *Play Skills for Children

8. WORK INTEGRATED LEARNING (WIL)

*Learnership and Practicum for Social Auxiliary and Social Work Students *Internship for Psychology Students

9. EMPLOYMENT ASSISTANCE PROGRAMME (EAP)

10. MARRIAGE PREPARATION AND ENRICHMENT

11. EMPOWERING WOMEN EXPERIENCING DOMESTIC VIOLENCE

12. COMMUNITY OUTREACH - EDUTAINMENT